

2017 SUMMER SWIM PROGRAM REGISTRATION

Session 1 – June 12 - 23

Session 2 – July 10 – July 21

Please complete this form by circling: **LEVEL – SESSION – TIME**. Bring this sign-up sheet with you to register. See the reverse side for information on cost, levels and registration information. Please note that all times are **SCHOOL TIME (CST)**.

| Learn to Swim Program | | | |
|---------------------------------------|---------------------|--|-------------|
| LEVEL OF INSTRUCTION | SESSIONS | TIMES (CST – School Time) | AGE LEVEL |
| Parent/Child | 1 2 LEVEL A OR B | 8:15 – 9:00 a.m. 12:45 – 1:30 p.m. | 4 and Under |
| LEVEL I | 1 2 | 8:00 – 9:00 a.m. 10:00 – 11:00 a.m. 1:30 – 2:30 p.m. | K and up |
| LEVEL II | 1 2 | 9:00 – 10:00 a.m. 11:00 – 12:00 noon 12:30 – 1:30 p.m. | K and up |
| LEVEL III | 1 2 | 8:00 – 9:00 a.m. 9:00 – 10:00 a.m. 10:00 – 11:00 a.m. 11:00 – 12:00 noon 1:30 – 2:30 p.m. | NA |
| LEVEL IV | 1 2 | 8:00 – 9:00 a.m. 9:00 – 10:00 a.m. 10:00 – 11:00 a.m. 11:00 – 12:00 noon 12:30 – 1:30 p.m. | NA |
| LEVEL V | 1 2 | 9:00 – 10:00 a.m. 10:00 – 11:00 a.m. 11:00 – 12:00 noon 12:30 – 1:30 p.m. | NA |
| LEVEL VI | 1 2 | 10:00 – 11:00 a.m. 1:30 – 2:30 p.m. | NA |
| Other Programs | | | |
| COMPETITIVE SWIM (STROKE/LAP/SWIM) | 1 2 | 6:30 – 8:00 a.m. 1:30 – 3:00 p.m. | NA |

| | | | |
|--------------------------------|-------|----------------|----------|
| Student Name | | Age | Grade |
| Parent/Guardian | | Total Fee Owed | |
| Street Address/Mailing Address | | Amount Paid | |
| City/State/Zip | Phone | Date Paid | Rec'd By |
| Emergency Contact | Phone | Check # | Cash |

(Cut off & COMPLETE BELOW and SAVE on your calendar KEEP THIS SECTION)

PARENT CONFIRMATION 2014 SUMMER SWIM PROGRAM *(We will call **ONLY** if there is a problem or need to change)

| | | | |
|--------------|-------|---------|------|
| Student Name | Level | Session | Time |
| | | | |

Session 1 – June 12 – June 23

Session 2 – July 10 – July 21

GENERAL INFORMATION 2017 SUMMER SWIM PROGRAM

1. Instruction will be held Monday through Friday.
2. Class size will be limited to 14 students and will be filled on a *first come, first serve* basis.
3. Registration fee will be \$35 per student for Learn to Swim classes. If student signs up (before the deadline – May 26th) for two sessions, the cost will be \$60. We will give a \$5 discount if you decide to sign up for a second session during the first session. All students passing skills at each level will receive a Red Cross certificate. **NO REFUNDS ON ANY SESSION.**

Note: Adult Lap Swim/Competitive Swim will cost \$50 for both sessions (4 weeks)

Please make checks payable to NP Summer Swim.

4. Sign-up form for the Summer Swim Program can be turned in at any of the school offices during school hours. There will be a sign-up on the during family swim night at the high school pool area from 6:00 to 7:30 p.m.(School Time) on May 15, 2017. Registration forms can also be found online - NPHS website (www.npusc.k12.in.us) click High School/Athletics/Summer Camps for the registration forms. There is also a Cougar Camp sign up night in the auxiliary gym on May 10, 2017 from 5-7 pm CST. Send in your check (made out to **NP Summer Swim**) with the completed form to: New Prairie High School/Attention Ashley Wojtylak, 5333 N. Cougar Rd., New Carlisle, IN 46552. **Please keep the bottom portion as a reminder of your class times.** Any questions please contact Ashley Wojtylak by phone or email (574) 654-0447 / awojtylak@npusck12.in.us or Kathy Mitchell at the Athletic office 574-654-7821.

5. **Deadline for sign-up is Friday, May 26, 2017.** This deadline is to ensure that we have enough instructors/aides for the classes that we offer. If you sign up on the first day of class there is no guarantee that you will be able to participate in that class.

Thank you for participating in our Swim Team Fundraiser – After all operational expenses are met, proceeds go to the Boys & Girls Swim Teams to help pay for our team equipment (lane lines, kick boards, etc). Enjoy your summer!

SUMMER DEFINITIONS

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|------------------|---|
| PARENT/CHILD | Requires adult in-class participation. – 2 levels A or B |
| LEVEL I | Water exploration; orientation to aquatic environment; create a sound foundation for aquatic and safety skills. |
| LEVEL II | Primary skills; expand on fundamental aquatic locomotion and safety skills. |
| LEVEL III | Stroke readiness; increase swimming skill competency; practice safety and rescue skills. |
| LEVEL IV | Stroke development; develop confidence in stroke and safety skills beyond preceding levels; introduction of breaststroke and sidestroke. |
| LEVEL V | Stroke refinement; continue refinement of front crawl, back crawl, elementary backstroke, breaststroke and sidestroke, introduce surface dives and flip turns. |
| LEVEL VI | Advanced skills; encourage lifetime fitness; refine strokes learned in previous levels; develop springboard diving skills; teach advanced rescue skills |
| COMPETITIVE SWIM | All ages; participant should be able to swim two (2) lengths of the pool with out any aid; Level IV or above. Learn stroke techniques; butterfly, breaststroke, backstroke, and freestyle; s roke drills, kicking drills; starts and turns. |
| LAP SWIM | Swim laps or a designed workout. |